

# Introducing Your Member Portal and App

Browse benefits. Request services. Enjoy 24/7/365 access.

Your Assistance Program offers a wide range of benefits to help improve mental health, reduce stress, and make life easier—all easily accessible through your member portal and app.

## Video, Chat, and Telephonic Access

24/7/365 access to request mental health sessions and life management referrals

### Thousands of Self-Care Articles and Resources

Explore videos, provider resource locators, personal assessments, calculators, and tools

#### **Events Calendar and Free Webinars**

Sign up for the latest webinars and online training sessions

#### **Exclusive Discounts**

Save money on entertainment, gifts, travel, and consumer goods

# Getting Started Is Easy

- 1. Visit your landing page, **SandCreekEap.com**, and click on "Select Portal & App" in the top menu
- 2. Register to create a new account using your company code: **STPSCHOOLS**
- 3. A confirmation email will be sent to complete the process





Contact Sand Creek EAP Call: 888-243-5744 Visit: SandCreekEap.com Code: STPSCHOOLS